

POȘOVOIACĂ
(Banat, Romania)

Pronunciation: poh-shoh-VOY-ah-kuh

Record: Electrecord ST-CS0185 Side B/4 2/4 meter

Formation: Circle, hands joined and held down ("V" pos). Face ctr.

MeasPattern

16 meas Introduction.

Fig A.

- 1 With wt on both ft, turn hips to face RLOD. Plie' (ct 1); turning to face LOD, bounce twice (cts 2,&).
 2 Facing LOD, plie' (ct 1); turning to face RLOD, bounce twice (cts 2,&).
 3 Facing and travelling CW (RLOD), step L, R (cts 1,2).
 4-6 Repeat meas 1-3.
 7 Step L fwd (ct 1); hop on L (ct 2); step R fwd (ct &).
 8 Step L fwd (ct 1); stamp R, no wt (ct 2).
 9-16 Repeat meas 1-8 with opp ftwk.

Fig B.

- 1 Facing ctr, step L to L (ct 1); step R across L (ct 2); step L on spot (ct &).
 2 Repeat meas 1 with opp ftwk.
 3 Travelling fwd, step L on plie' (ct 1); step R on plie' (ct 2).
 4 Hop on R lifting L (ct 1); step L (ct 2).
 5 Hop on L lifting R (ct 1); step R (ct 2).
 6 Hop on R lifting L (ct 1); step L (ct 2).
 7 Hop on L lifting R (ct 1); step R beside L (ct 2); step on L beside R (ct &).
 8 Step R beside L (ct 1); stamp L, no wt (ct 2).
 9 Hop on R (ct 1); step L beside R (ct 2); step R beside L (ct &).
 10 Step on L (ct 1); touch R toe, heel fwd (ct 2); touch R toe turning in (ct &).
 11 Touch R toe, heel fwd (ct 1); step R beside L (ct 2); step L beside R (ct &).
 12 Step R beside L (ct 1); touch L toe, heel fwd (ct 2); touch L toe turning in (ct &).
 13 Touch L toe, heel fwd (ct 1); step L beside R (ct 2); step R beside L (ct &).
 14 Step on L (ct 1); step R beside L (ct 2); step on L beside R (ct &).
 15 Step on R beside L (ct 1); hop on R (ct 2); step on L beside R (ct &).
 16 Step on R beside L (ct 1); stamp L, no wt (ct 2).
 17-24 Repeat meas 1-8 travelling bkwd.

Sequence: A B A B A B A B

Presented by Nicolaas Hilferink